



NEW LOCATION



SWALLOWDALE | AGES 7-15

LAKE ROSSEAU, ONTARIO

SESSIONS LENGTH
2, 3, or 4 week sessions

ESL (OPTIONAL)
10 hours per week

ACCOMMODATION
Shared residence rooms **NEW**

EXCURSIONS
Full Day (2 included per summer)

SPECIALTY PROGRAMME
LIT - Leaders-In-Training (age 16)

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 /Swallowdale.Camp

TRADITIONAL CANADIAN SUMMER CAMP IN BEAUTIFUL MUSKOKA...

Newly re-located to a 53-acre private high school campus on Lake Rosseau in the picturesque region of Muskoka, Swallowdale Camp is the perfect choice for summer adventures, learning and sports with new and old friends. The camping tradition runs deep within the Canadian spirit and is embodied in this summer programme. There is no better place for campers to develop skills in sports, arts, outdoor activities and leadership. At Swallowdale Camp our campers come to appreciate not only the stunning beauty of the nature that surrounds them, but also the cultural distinctions that make up our global community.

SPECIALTY PROGRAMMES

ESL: 10 hours per week
LIT - Leaders-In-Training (age 16)

FEATURES

- 2, 3 or 4 week sessions in July and August, with weekly arrivals
- Traditionally-styled summer camp offers a true Canadian experience
- Opportunity for integration with Canadian campers
- Water & land sports; art & music programming
- 10 hours of ESL instruction available weekly
- LIT (Leader-In-Training) programme for campers aged 16 years

SCHEDULE HIGHLIGHTS

| WEEK 1 | MORNING | AFTERNOON | EVENING |
|----------|---|----------------------|------------------|
| S | At leisure | Swallowdale Olympics | Soccer Game |
| M | Activity Periods 1-3 | Activity Periods 4-5 | Talent Night |
| T | Activity Periods 1-3 | Activity Periods 4-5 | Campfire |
| W | OPTIONAL FULL DAY EXCURSION: Niagara Falls | | |
| T | Activity Periods 1-3 | Activity Periods 4-5 | Survivor Game |
| F | Activity Periods 1-3 | Activity Periods 4-5 | Karaoke Night |
| S | Activity Periods 1-3 | Activity Periods 4-5 | Capture the Flag |



ACCOMMODATION

(SHARED)

- Residence rooms accommodating 2-8 campers.
- Each floor has complete washroom and shower facilities
- Boys and girls are accommodated separately
- Counsellors live in each residence providing constant supervision
- Bedding and pillow included
- Weekly laundry service

FACILITIES

- 53-acre lakefront campus
- 3 residence houses
- 2 sports fields
- 2 outdoor basketball courts
- Beach volleyball court
- Waterfront with canoes, sailboats and kayaks
- Dining hall
- Art Studio
- Student lounges

MEALS (FULLBOARD)

- 3 meals + evening snack daily
- All meals served in the camp dining hall and offer nutritious and well balanced meals



RESIDENCES



SPECIALTY PROGRAMMES

ESL...ENGLISH AS SECOND LANGUAGE

Accredited by Languages Canada



- 10 hours per week
- 1 hour = 60 minutes
- Maximum of 15 students per class
- Professional and qualified instructors
- Communicative methodologies
- 3 levels of ESL - beginner to advanced
- Placement test on first day
- Optional and replaces 2 of the 5 daily activities

LIT: LEADERS IN TRAINING

AGE 16

- 3 week sessions
- Learn and develop responsibility and leadership skills
- Instruction in: teaching various camp activities, organizing and leading programmes, conflict resolution, teamwork and communication
- Standard First Aid training
- CISS Leadership certificate

EXCURSIONS

- + ● FULL DAY (Included)
 - Shopping in town of Huntsville (1 per 3 weeks)
- OPTIONAL:
 - Niagara Falls
 - Canada's Wonderland Amusement Park

+ SPORTS & ARTS PROGRAMMING

DAILY INSTRUCTED ACTIVITIES

- 5 x 1-hour instructed activity periods five days per week
- Campers select their activities at the beginning of each week
- All activities operate in one-week blocks ensuring solid skill development

Water Sports

- Canoeing ● Fishing ● Kayaking
- Sailing ● SUP (Stand Up Paddle Board)
- Swimming

Sports & Adventure

- Archery ● Ball Hockey
- Basketball ● Soccer
- Ultimate Frisbee

Specialty Programming

- Arts & Crafts ● Guitar (Beginner)
- Outdoor Survival ● Woodworking

+ FREE TIME ACTIVITIES

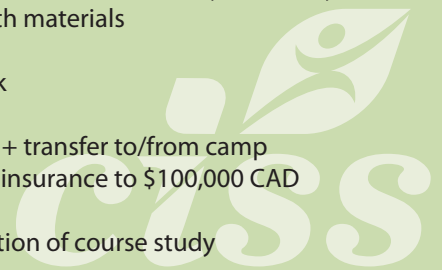
- Arts & Crafts ● Ball Hockey
- Basketball ● Fishing ● Dance
- Drama ● Swimming ● Volleyball
- Water Aerobics ● Water Trampoline

+ EVENING PROGRAMME

- Campfires ● Camp-wide Games
- Dances / Discos ● In-house movies
- Skit Nights ● Social Games
- Special interest activities
- Sports challenges ● Talent Shows

PROGRAMME PACKAGE INCLUDES:

- 5 periods of instructed sports, activities or lessons daily which may include
 - 10 hours ESL per week with materials
- NEW Residence Accommodation
- 3 meals daily + evening snack
- Full supervision
- Toronto airport meet & greet + transfer to/from camp
- Emergency medical + dental insurance to \$100,000 CAD
- Laundry service weekly
- CISS certificate upon completion of course study



Your Representative:

/CISS.Because.Experience.Matters

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